

39th

*Annual Conference
for Behavioral Health*



September 12-14, 2018

Pre-Conference Session September 11, 2018

**Hilton Garden Inn & Manhattan Conference Center
Manhattan, Kansas**

www.acmhck.org

#KSBHCON



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Conference for Behavioral Health

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39th Annual Conference for Behavioral Health



September 12-14, 2018

Hilton Garden Inn and
Manhattan Conference Center

Manhattan, Kansas

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Conference Basics



Need Assistance or have questions? Stop by the Registration Table located in the Foyer at any time during the conference and we can help.



A charging station provided by the Manhattan Convention and Visitors Bureau is located in the Foyer for attendees to charge mobile devices.



Share your conference experience on social media using #KSBHCON.

Tag us on Twitter @acmhck.



Follow us on Facebook at Association of Community Mental Health Centers of Kansas.



39th Annual Conference for Behavioral Health

Welcome!

Welcome to the 2018 Annual Conference for Behavioral Health! This event marks the 39th annual conference. Our strength comes from our members and community partners as we all work to improve the lives and health of others.

We have worked to develop a conference program that will not only address three crises in our state identified by our Association which include suicide, the child welfare system, and opiate addiction but also emerging treatments and policies that we can utilize to achieve our goal to be the best mental health system in the country. With initiatives such as Mental Health 2020 which addresses the need for resources to support community based behavioral mental health services, community crisis centers, and expanding the behavioral health workforce, that goal is unwavering.

We hope that over the next three days, you will have the opportunity to meet new colleagues and reacquaint yourself with familiar ones from across the state, acquire knowledge from national and regional experts, and reenergize yourself in a meaningful learning environment. We want our system to be a sought-after destination for long-term employment growth and satisfaction.

We would like to highlight and express our appreciation to our 2018 conference sponsors. ACMHCK is able to provide this learning opportunity because of the valued partnership between our organizations and our sponsors. The Annual Conference for Behavioral Health is made possible with the continued support of our Platinum Sponsors including Relias and Sunflower Health Plan, Gold Sponsors including Aetna, Amerigroup, Conrade Insurance Group, InnovaTel, KVC Hospitals, Mid-America Addiction Technology Transfer Center, United Healthcare Community Plan, Golf Tournament Sponsor Netsmart, Reception Sponsor Valant, Refreshment Break Sponsors including Amerigroup, BHECON, Genoa, Remarkable Health, Silver Sponsors including Valant and Regroup and Bronze Sponsors including Neurocrine Biosciences, Streamline Healthcare Solutions, Valeo Behavioral Health Care and Wichita Comprehensive Treatment Center.

We would also like to express our gratitude to the service providers and staff who continue to focus on providing high quality, effective treatment to improve the lives of others to stay true to our organizations' missions. We appreciate all you do for those we serve. Enjoy the conference!

Executive Director

Association of CMHCs of Kansas

Association of Community Mental Health Centers of Kansas, Inc.



“Meeting the behavioral health needs of Kansans”

Kyle Kessler, *Executive Director*

Heather Elliott, *Member Services Manager*

Colin Thomasset, *Associate Director*

Sue Murnane, *Clinical Integration Manager*

Kay Swietek, *Executive Assistant*

Bert Nash Community Mental Health Center – Est. 1950

Patrick Schmitz, CEO

Central Kansas Mental Health Center – Est. 1964

Kathy Mosher, Executive Director

COMCARE of Sedgwick County – Est. 1961

Joan Tammany, Executive Director

Community Mental Health Center of Crawford County – Est. 1968

Rick Pfeiffer, Executive Director

Compass Behavioral Health – Est. 1961

Lisa Southern, Executive Director

CrossWinds Counseling and Wellness – Est. 1960

Amanda Cunningham, Interim Executive Director

Elizabeth Layton Center – Est. 1961

Leslie Bjork, Executive Director

Family Service and Guidance Center – Est. 1904

Brenda Mills, CEO

Four County Mental Health Center – Est. 1964

Greg Hennen, Executive Director

High Plains Mental Health Center – Est. 1964

Walter Hill, Executive Director

Horizons Mental Health Center – Est. 1968

Michael Garrett, CEO

Iroquois Center for Human Development – Est. 1968

Ric Dalke, Executive Director

Johnson County Mental Health Center – Est. 1962

Tim DeWeese, Executive Director

Kanza Mental Health and Guidance Center – Est. 1963

David Jasper, CEO

Labette Center for Mental Health Services – Est. 1979

Matthew Atteberry, Executive Director

Pawnee Mental Health Services – Est. 1956

Robbin Cole, Executive Director

Prairie View, Inc. – Est. 1954

Jessie Kay, President & CEO

South Central Mental Health Counseling Center, Inc. – Est. 1962

Dan Rice, Executive Director

Southeast Kansas Mental Health Center – Est. 1965

Nathan Fawson, Executive Director

Southwest Guidance Center – Est. 1937

Leslie Bissell, Executive Director

Spring River Mental Health and Wellness – Est. 1981

Scott Jackson, Executive Director

Sumner Mental Health Center – Est. 1983

Rick Gaskill, Executive Director

The Center for Counseling and Consultation – Est. 1967

Julie Kramp, Executive Director

The Guidance Center – Est. 1937

Keith Rickard, Executive Director

Valeo Behavioral Health Care – Est. 1967

Bill Persinger, CEO

Wyandot Center for Community Behavioral Health Care – Est. 1953

Randy Callstrom, President/CEO



39th Annual Conference for Behavioral Health

Schedule-at-a-Glance

TUESDAY, SEPTEMBER 11, 2018

- 8:30 a.m. – 2:30 p.m. Behavioral Health Classic Golf Tournament
- 9:00 a.m. – 4:15 p.m. Pre-conference Session
- 4:00 p.m. – 7:00 p.m. Registration & Exhibitors Open
- 4:30 p.m. – 6:00 p.m. Welcome Reception
Sponsored by Valant

WEDNESDAY, SEPTEMBER 12, 2018

- 7:00 a.m. – 5:00 p.m. Registration
- 7:00 a.m. – 8:00 a.m. Breakfast Buffet
- 8:00 a.m. – 9:00 a.m. General Session
- 9:00 a.m. – 9:15 a.m. Refreshment Break
Sponsored by BHECON
- 9:15 a.m. – 10:45 a.m. Breakout Session
- 10:45 a.m. – 11:00 a.m. Break
- 11:00 a.m. – 12:30 p.m. Breakout Session
- 12:30 p.m. – 2:00 p.m. Lunch, General Session, & Awards
- 2:15 p.m. – 3:45 p.m. Breakout Session
- 3:45 p.m. – 4:00 p.m. Refreshment Break
Sponsored by Genoa
- 4:00 p.m. – 5:00 p.m. Breakout Session

THURSDAY, SEPTEMBER 13, 2018

- 7:00 a.m. – 5:00 p.m. Registration
- 7:00 a.m. – 8:00 a.m. Breakfast Buffet
- 8:00 a.m. – 9:00 a.m. General Session
- 9:00 a.m. – 9:15 a.m. Refreshment Break
Sponsored by Remarkable Health
- 9:15 a.m. – 10:45 a.m. Breakout Session
- 10:45 a.m. – 11:00 a.m. Break
- 11:00 a.m. – 12:30 p.m. Breakout Session
- 12:30 p.m. – 1:15 p.m. Lunch & Networking
- 1:30 p.m. – 3:00 p.m. Breakout Session
- 1:00 p.m. – 3:00 p.m. Mental Health Career Exploration Fair
- 3:00 p.m. – 3:15 p.m. Refreshment Break
Sponsored by Amerigroup
- 3:15 p.m. – 4:15 p.m. Keynote Speaker: Kevin Hines
- 4:15 p.m. – 5:00 p.m. Kevin Hines book sales & signing

FRIDAY, SEPTEMBER 16, 2016

- 7:30 a.m. – 12:00 p.m. Registration
- 8:00 a.m. – 8:45 a.m. Continental Breakfast
- 8:45 a.m. – 12:00 p.m. Breakout Session

THANK YOU!



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1ST ANNUAL Behavioral Health CLASSIC
2018

Save the Date
for the
2019 Annual Conference
for Behavioral Health
September 11-13, 2019
DoubleTree by Hilton Hotel
Wichita Airport
See you there!



September 12-14, 2018 • Manhattan, Kansas

Sessions by Learning Track

Key **W** sessions Wednesday, September 12 **T** sessions Thursday, September 13 **F** sessions Friday, September 14

ADDICTIONS & CO-OCCURRING DISORDERS

W	A Comprehensive, Evidence-based Model to Reduce Tobacco Use among Individuals with Behavioral Health Disorders	Konza Prairie
W	Sports Gambling, Gaming Disorder, and Other Trends: Where Do We Go From Here?	Konza Prairie
W	Tackling Tobacco: Culture Change is Possible!	Konza Prairie
W	The Co-Occurring Mindset: Developing organizational and clinical principles to address co-occurring mental health and substance use disorders	Kings
T	2018 SAMHSA Update: Recovery and Peer Support	Alcove
T	Implementing Medication Assisted Treatment: Benefits and Challenges	Kings
T	Motivational Interviewing Skills	Kings
F	Overview of CFR Part 2: Confidentiality of Substance Use Disorder Patient Records	Alcove

BOARD, LEADERSHIP, FINANCE

W	Quality Payment Program – MIPS Overview	Flint Hills
W	Trends in Employment Law AND Hiring & Firing	Kings
W	Value-Based Purchasing and Population Management	Meeting Rooms B & C
W	Employee Engagement and High Performance	Alcove
T	Accounting Update for Non-Profit Organizations	Konza Prairie
T	Online Marketing Success: Best practices in web and social media marketing	Konza Prairie

CLINICAL PRACTICES

W	Human Trafficking: Knowing the Signs and Special Considerations for the Healthcare/Behavioral Health Community	Tuttle
W	Mental Health and Corrections Collaborative (Stepping Up Initiative)	Alcove
W	The Early Intervention Psychosis in Kansas	Kings
T	Conversion Disorder becomes Functional Neurological Disorder: Updates in the Identification and Treatment of Somatic Related Disorders	McDowell
T	Cultural & Clinical Competency in Working with Transgender Culture	Tuttle
T	Rural Mental Health	McDowell
F	Teaching Ethics: Tools and Strategies for Integrating Ethical Reasoning Every Day	McDowell

PUBLIC POLICY

W	2018 Legislative Recap & 2019 Legislative Forecast	Alcove
W	The Cost of Mental Illness: Kansas Facts and Figures	Meeting Rooms B & C
W	Timely Topics in Healthcare Policy	Alcove

SUICIDE PREVENTION

W, T	Movie: Suicide: The Ripple Effect	Flint Hills
T	The Columbia-Suicide Severity Rating Scale: Saving Lives, Reducing Workloads and Reducing Liability	Flint Hills

TRAUMA INFORMED CARE

W	Brain Guided Therapy and Play Activities for Traumatized Children	McDowell
W	Case Study: Trauma Sensitive Schools	Tuttle
W	The Cost of Caring: Understanding Trauma and Self-Care for Professionals Working with Trauma Survivors	Tuttle
W	Trauma Informed Communities	Tuttle
T	Trauma in Everyday Life: How Do You Deal	Konza Prairie
T	The Science of Resilience	Tuttle



39th Annual Conference for Behavioral Health

Continuing Education

Overview:

The Annual Conference for Behavioral Health provides educational opportunities to increase awareness of emerging trends, build skills and knowledge to provide behavioral health care, and advocate for policy change.

Target Audience:

Behavioral health providers including executive leaders, physicians, clinicians, nurses, social workers, therapists, financial managers and other healthcare providers.

Objectives:

At the completion of this conference, participants should be able to:

- Define Trauma Informed Care
- Identify common challenges that present in the treatment of Co-occurring disorders.
- Evaluate recent policy changes impacting behavioral health.
- Recall resources for behavioral health treatment and intervention services that are available in the state of Kansas.
- Discuss barriers that different populations face in access to care.
- List ethical conflicts that can arise during treatment.

ACCREDITATION & CONTINUING EDUCATION

Continuing Education Credit:

All participants requesting continuing education credit or a certificate of attendance must complete a Verification of Attendance and Evaluation Form online within the time frame noted.

Physicians: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of The University of Kansas Medical Center Office of Continuing Medical Education and Association of Community Mental Health Centers of Kansas. The University of Kansas Medical Center Office of Continuing Medical Education is accredited by the ACCME to provide continuing medical education for physicians.

The KU Medical Center Office of Continuing Medical Education designates this live activity for a maximum of 23 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

APRNs/Nurses: The University of Kansas Medical Center Area Health Education Center West is approved as a provider of CNE by the Kansas State Board of Nursing. This course offering is approved for 27.9 contact hours applicable for APRN, RN, or LPN relicensure. Kansas State Board of Nursing provider number: LT0086-1149. Karen Aufdemberge, BSN, RN, Coordinator.

Continuing education credit will be issued according to documented attendance.

Preconference session only: If a participant misses more than 10% of an offering, a certificate of continuing education will not be issued. Partial credit is NOT given.

Social Workers: The University of Kansas Medical Center Area Health Education Center East, as an approved provider of continuing education by the Kansas Behavioral Sciences Regulatory Board presents this offering for a maximum of 27.75 hours credit applicable for relicensure of LASWSs, LBSWs, LMSWs and LSCSWs. Kansas Provider Number 12-002. Karen Aufdemberge BSN, RN, coordinator.

Continuing education credit will be issued according to documented attendance

All other attendees will receive a certificate of attendance.

PROCEDURE FOR PROGRAM EVALUATION AND CONTINUING EDUCATION CERTIFICATE

All participants requesting continuing education credit must complete documentation of attendance and evaluation form online **no later than 5 PM on September 21, 2018.**

You may use any electronic device (computer, tablet, cell phone or laptop) to access the site using the link or QR code below. If you begin on one device/browser and leave the site, you may return to complete the documents at a later time as long as you use the same device/browser.

Enter this link to your browser:

<http://bit.ly/BehavioralHealthSept2018>

Or scan the QR code at right:



Your certificate will be provided by the KUMC Area Health Education Centers. **At the conclusion of the verification deadline, allow 2-3 weeks for certificates to be prepared and emailed to the email address you provided.**

For questions or concerns about completing these documents, please contact the KUMC Area Health Education Center at 620-235-4040.

The following breakout sessions are not eligible for CME or CNE:

- Quality Payment Program – MIPS Overview
- Trends in Employment Law AND Hiring & Firing
- Value-Based Purchasing and Population Management
- Employee Engagement and High Performance
- Accounting Update for Non-Profit Organizations
- Online Marketing Success: Best practices in web and social media marketing

FACULTY AND PLANNING COMMITTEE DISCLOSURE INFORMATION

The following presenters and planning committee members have disclosed relevant financial relationships with the following commercial entities producing healthcare goods or services related to the content of their presentations and/or related to the content of the activity.

Kathleen Harnish McKune, MBA – has received payment from VitalCore Health Strategies for contracted branding work and consulting on correctional healthcare.

At press time, the following presenters had not disclosed if they have any relevant financial relationships with proprietary entities producing, marketing, re-selling, or distributing healthcare goods or services consumed by, or used on patients related to the content of the activity. A disclosure announcement will either be placed by the sign in sheets at the registration table and/or included in the presentation slides regarding disclosure status.

Amalia Bullard, PhD	Lisa Garcia-Stewart	Todd Jordan, PhD
Dan Diamond	Kevin Hines	Michael Menchine, MD

The following presenters and planning committee members do not have any relevant financial relationships with any commercial entity producing healthcare goods or services related to the content of their presentations.

Planning Committee

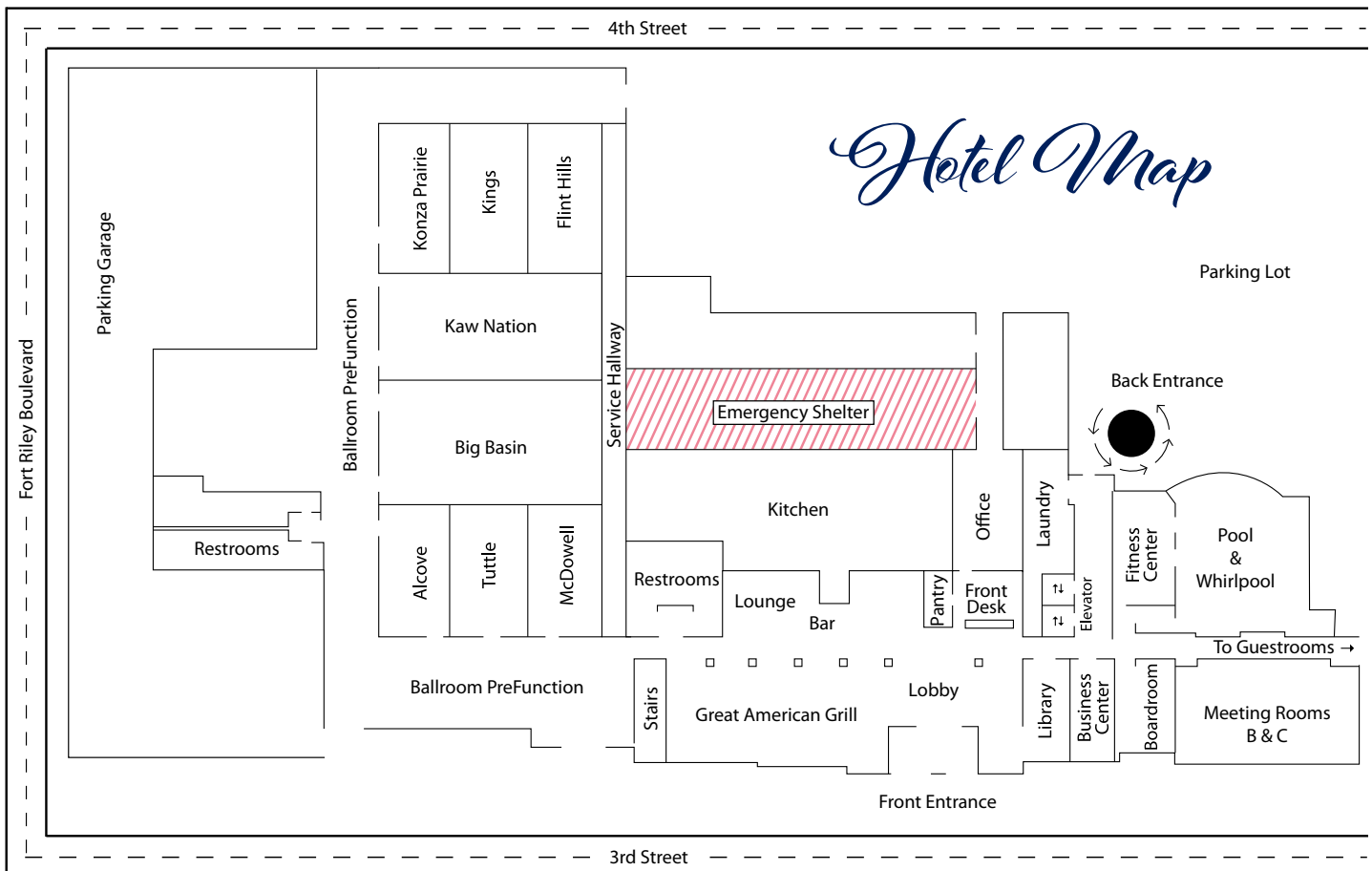
Leslie Bissell, PsyD, LP	Heather Elliott, BS	Susan Lopez, LCP, LCAC
Jeff Carnes, MS, LMFT	Sara Hilliard, MA	Jerry McDonald, MA
Aimee Copp-Hasty, MS	Shawn James, AAS	Shelli Schottler, MSW
Amanda Cunningham, LMLP	Trever Kreibiel, MD	Laura Sidlinger, APRN
	Wendy Lockwood, MBA	Deb Stidham, MS

Committee & Presenter

Rick Gaskill, EdD	Kyle Kessler, MPA
-------------------	-------------------

Presenters

Lauren Anderson, MA	Brianna Goff, PhD	Stefanie Mott, LMSW
Juan Baez	Chuck Ingolgia, MSW	Kim Nelson, LAC
David Barnum, PhD	Kara Irely, BSM	David Provorse, PhD
Mitchell Berger, MPH	Sara Jackson, LMSW, LMAC	Lorraine Reitzel, PhD
Kaely Burgess, BS	Jamie Katz, MPH, CPP	James Roberson, LMSW
Frank Campbell, PhD	Bryce Kuburz, MA	Ryan Smalley, LMLP
Stacy Chamberlain, LMAC	Adam Lesser, MSW, LCSW	Calvin Shope, LMSW
Cindy Claxton, LSCSW	Lauren Lueck, MSW	Monica Simpson
Kate Davidson, MSW	Isabel Martinez Leal, PhD	Stacy Smith, CPA
Steve Denny, LSCSW, LCAC	Crystal Matchette, MSW	Carol Spiker, LAC, CPP, KCGC
Tim DeWeese, LMSW	Greg Meihn, JD	Sullivan, Robert, BS
Ryan Edwards, BS	Jennifer Montgomery, MA	David Willey, MD
Sarah Glavin, LMSW		





39th Annual Conference for Behavioral Health

Tuesday, September 11, 2018

SCHEDULE-AT-A-GLANCE

Time	Session	Location
8:30 a.m. – 2:30 p.m.	Behavioral Health Classic Golf Tournament	Colbert Hills
9:00 a.m. – 4:15 p.m.	Pre-conference Session	Kaw Nation & Big Basin
4:00 p.m. – 7:00 p.m.	Registration and Exhibitors Open	Foyer
4:30 p.m. – 6:00 p.m.	Welcome Reception <i>sponsored by Valant</i>	Foyer

PRE-CONFERENCE SESSION



Working in the Canyon of Why

Frank Campbell, Ph.D., LCSW, CT

Senior Consultant, Campbell and Associates Consulting, LLC

Participants will explore values clarification, apply crisis theory, visit a four-part coping measure, discuss challenges grief has in society and ethical conflicts that occur when confronted by grief.

Learning Objectives

1. Examine the development and resolution of a crisis for understanding where your client is when you first meet.

2. Learn a simple metaphor for a four-part coping measure for self-inventory as well as for clients.
3. Examine the benefits of teaching clients to communicate through the use of metaphors to increase their support system.
4. Practice listening and communicating approach that helps bring core feelings to the surface, so clients can deal with the core emotional components of their grief.
5. Become aware of challenges grief has in society not supportive of grief turning into mourning (public expression of what is being experienced)
6. Avoid ethical conflicts when confronted by grief that is creating a risk for counter transference.

Evening Reception sponsored by  **valant**
the platform for behavioral health

Join us for appetizers and beverages in the Foyer
from 4:30 p.m. – 6:30 p.m.



TUESDAY

*Wednesday, September 12, 2018***SCHEDULE-AT-A-GLANCE**

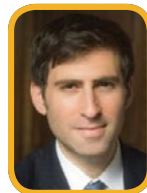
Time	Session	Location
7:00 a.m. – 5:00 p.m.	Registration	Foyer
7:00 a.m. – 8:00 a.m.	Breakfast Buffet	Foyer
8:00 a.m.– 9:00 a.m.	General Session	Kaw Nation & Big Basin
9:00 a.m. – 9:15 a.m.	Refreshment Break <i>sponsored by BHECON</i>	Foyer
9:15 a.m. – 10:45 a.m.	Breakout Session	Multiple Rooms
10:45 a.m. – 11:00 a.m.	Break	Foyer
11:00 a.m. – 12:30 p.m.	Breakout Session	Multiple Rooms
12:30 p.m. – 2:00 p.m.	Lunch, General Session, and Awards	Kaw Nation & Big Basin
2:15 p.m. – 3:45 p.m.	Breakout Session	Multiple Rooms
3:45 p.m. – 4:00 p.m.	Refreshment Break <i>sponsored by Genoa</i>	Foyer
4:00 p.m. – 5:00 p.m.	Breakout Session	Multiple Rooms

AM GENERAL SESSION**Update from Washington**

Chuck Ingoglia, MSW

Senior Vice President, Public Policy and Practice Improvement at the National Council for Behavioral Health

This session will provide an update on healthcare legislation, regulations and other actions being taken by Congress and the Administration and explore the impact on the delivery and availability of behavioral healthcare services. Attendees will understand current healthcare landscape and where and how behavioral healthcare fits in, understand state Medicaid options in the face of this changing landscape and be able to describe steps Community Behavioral Health Organizations can take to remain competitive and succeed in this changing environment.

PM GENERAL SESSION**A Conversation on Healthcare and Politics**

Dan Diamond

Author & Reporter, POLITICO

Dan Diamond is the author of “POLITICO Pulse,” the must-read morning briefing on health care politics and policy. He’s also the creator of PULSE CHECK, the popular podcast that features weekly conversations with politicians like Sen. Susan Collins, leaders like Kaiser Permanente’s Bernard J. Tyson and thinkers like Atul Gawande. Attendees will be exposed to relevant health-care topics receiving attention at the national level in a casual format.



39th Annual Conference for Behavioral Health

AM BREAKOUT SESSIONS

9:15 A.M. – 12:30 P.M.

A Comprehensive, Evidence-based Model to Reduce Tobacco Use among Individuals with Behavioral Health Disorders

9:15 a.m. – 12:30 p.m.

Konza Prairie

Addictions and Co-occurring Disorders

Mr. Bryce Kyburz, Project Manager, Integral Care, Texas

Dr. Isabel Martinez Leal, Qualitative Research Scientist, University of Houston, Texas

Dr. Lorraine R. Reitzel, Project Director, HEALTH Research Institute, Houston, Texas

Attendees will go through the program components, their evidence-base, the active and passive dissemination strategies that support its implementation with our community partners, and the results from our implementation to date. Attention is given to how to achieve program goals and improve the program, how to adapt the program for different settings, lessons learned from our work, and the project-generated resources that will support its implementation in other settings.

Brain Guided Therapy and Play Activities for Traumatized Children

9:15 a.m. – 5:00 p.m.

McDowell

Trauma Informed Care

Richard L. Gaskill, Ed.D., Executive Director, Sumner Mental Health Center

Over the past two decades, research has clearly documented the vulnerability of the developing brain and the negative impact of social and emotional trauma on brain functioning. It is now apparent that traumatic and neglectful developmental experiences adversely impact normal brain growth in all areas of the brain depending on the nature of the maltreatment, developmental stage of the child, and the quality of the nurturing environment. Science now informs us that these factors can cause disorganization in specific areas of the brain and that traditional child therapy interventions are not equally effective in all of these regions. While most children's therapies embody many neurobiological principles, a "one size fits all" therapeutic approach will be less effective than treatments designed for specific affected brain regions. As therapists learn fundamental concepts regarding brain development, brain organization, and the impact of trauma, we become better able to identify effective treatment options.

Mental Health and Corrections Collaborations (Stepping Up Initiative)

9:15 a.m. – 12:30 p.m.

Alcove

Clinical Practices

Tim DeWeese, Director of Mental Health, Johnson County, KS & Robert Sullivan, Director of Corrections, Johnson County, KS

In this presentation, we will discuss how communities can come together to develop an action plan that can be used to achieve measurable impact in local criminal justice systems of all sizes across the country. Stepping-Up Initiative was launched in May 2015 by The Council of State Governments Justice Center, the National Association of Counties, and the American Psychiatric Association Foundation, in an effort to reduce the number of people with mental illnesses in jails and to help counties consistently identify as well as collect data on this population. Johnson County, Kansas was one of the first four counties in the United States to begin this national Stepping-Up effort. In 2018, the county was one of seven in the nation selected as a Stepping-Up Innovator County for its expertise in helping people in the criminal justice system who experience mental illness.

Trends in Employment Law AND Hiring & Firing

9:15 a.m. – 12:30 p.m.

Kings

Board, Leadership and Finance

Greg Meihn, JD, Partner, Foley and Mansfield

Attendees will be presented with current trends in employment law including audits, updates, arbitration agreements, LGBTQ status, Pregnancy Discrimination, Social Media, FMLA/ADA. A section of the presentation will be devoted to hiring and firing do's and don'ts. Attendees will have the opportunity to ask questions.

WEDNESDAY

The Cost of Mental Illness: Kansas Facts and Figures

9:15 a.m. – 10:45 a.m.

Meeting Rooms B & C

Board, Leadership, Finance

Mike Menchine, MD, MPH, Associate Professor of Clinical Emergency Medicine and Vice Chair of Clinical Research, Keck School of Medicine of USC

This data presentation will show costs associated with serious mental illness (SMI) in Kansas and where Kansas stands compared with the Nation on a series of benchmarks. Key topic areas in this presentation include: behavioral health workforce, hospitalization rates and costs, criminal justice and SMI prevalence, ancillary costs associated with SMI and overall healthcare spending by state.

Human Trafficking: Knowing the Signs and Special Considerations for the Healthcare/Behavioral Health Community

11:00 a.m. – 12:30 p.m.

Tuttle

Clinical Practices

Jennifer Montgomery, Director for Human Trafficking Education and Outreach, Kansas Attorney General's Office

The presentation will include a general overview of human trafficking in Kansas, characteristics of victims, traffickers and buyers, risk/vulnerability factors in the youth population, recruitment tactics and preventive strategies, what to look for in a healthcare/behavioral health setting and effective trauma-informed community response to trafficking.

Quality Payment Program – MIPS Overview

11:00 a.m. – 12:30 p.m.

Flint Hills

Board, Leadership & Finance

Kara Irey, Quality Improvement Specialist, Kansas Foundation for Medical Care

The Quality Payment Program – MIPS Overview will provide a deeper dive into the requirements for successful Quality Payment Program participation for calendar year 2018. This presentation will help the audience to understand MIPS as a whole as well as the four categories and scoring that is considered the Quality Payment Program under the MACRA legislation.

The Cost of Caring: Understanding Trauma and Self-Care for Professionals Working with Trauma Survivors

11:00 a.m. – 12:30 p.m.

Tuttle

Trauma Informed Care

Briana S. Nelson Goff, PhD, Professor, School of Family Studies and Human Services, Kansas State University

This workshop will focus on helping clinicians recognize and manage symptoms of secondary trauma, compassion fatigue, and grief they may be experiencing in working with clients who have suffered extensive trauma or loss. The workshop will include discussion regarding common experiences of clinicians working with traumatized systems, as well as implications for approaches to reduce impairment in clinicians. Strategies for professionals with secondary trauma that focus on the areas of personal, professional, and organizational strategies will be described.

Value-Based Purchasing and Population Health

11:00 a.m. – 12:30 p.m.

Meeting Rooms B & C

Board, Leadership, Finance

Kate Davidson, Clinical Adviser, National Council for Behavioral Health

Sweeping changes are afoot as our system shifts from incentivizing volume to value. Community behavioral health providers are facing unprecedented pressure to accelerate transformation to demonstrate organizational value in an ever-changing health care landscape. Don't get caught flat-footed, join this session to learn how to operationalize a population health approach and develop your value proposition to put yourself in the driver's seat as you move towards value-based payments.



39th Annual Conference for Behavioral Health

PM BREAKOUT SESSIONS

2:15 P.M. – 5:00 P.M.

Movie: Suicide: The Ripple Effect

2:15 p.m. – 3:45 p.m.

Flint Hills

Suicide Prevention

The film highlights the journey of Kevin Hines, who at age 19, attempted to take his life by jumping from the Golden Gate Bridge. Today, Kevin is a world-renowned mental health advocate, motivational speaker and author who travels the globe spreading a message of hope, recovery and wellness. The film chronicles Kevin’s personal journey and the ripple effect it has on those who have been impacted by his suicide attempt and his life’s work since. In addition, the film highlights the stories of individuals and families who are utilizing their personal tragedy to bring hope and healing to others.

Sports Gambling, Gaming Disorder, and Other Trends: Where Do We Go From Here?

2:15 p.m. – 3:45 p.m.

Konza Prairie

Addictions and Co-occurring Disorders

Carol Spiker, LAC, CPP, KCGC, Problem Gambling Program Manager, Kansas Department for Aging and Disability Services
Juan Baez, Problem Gambling Program Manager, Kansas Department for Aging and Disability Services

The United States Supreme Court’s recent decision that occurred in May 2018 allowed states to legalize sports betting. Also, the World Health Organization’s recent decision recognized gaming as a disorder in June 2018. In Kansas, we have four destination casinos and five tribal casinos. We also have other forms of gambling to include charitable bingo, fantasy sports, and lottery. If we are to include the potential expansion of sports betting and the recognition of gaming as a disorder, how will this impact individuals, families, and communities in Kansas?

The Co-Occurring Mindset: Developing organizational and clinical principles to address co-occurring mental health and substance use disorders

2:15 p.m. – 3:45 p.m.

Kings

Addictions and Co-occurring Disorders

Steven Denny, LSCSW, LCAC, Director of Clinical Services, Four County Mental Health Center

The presentation will focus on core principles to increase organizational and clinical capacity to provide co-occurring treatment. The interrelated complexities of substance use disorders and mental health disorders will be explained using the Co-occurring “lens”. The program will describe practical applications of evidenced based co-occurring treatment models and interventions that may be implemented in behavioral health treatment programs.

Timely Topics in Healthcare Policy

2:15 p.m. – 3:45 p.m.

Alcove

Public Policy

Kyle Kessler, MPA, Executive Director, Association of Community Mental Health Centers of Kansas
Secretary Tim Keck, JD, Kansas Department for Aging and Disability Services
Secretary Gina Meier-Hummel, LMSW, Kansas Department for Children and Families
Kimberly L. Nelson, LAC, MPA, Regional Administrator Region VII (KS, IA, NE, MO), SAMHSA

Participants will be introduced to current healthcare policy topics affecting behavioral health. The importance of engagement in the public policy arena and state and federal level mental health and substance abuse program implementation and the effect on providers, consumers and families will be discussed. Panelists will present and be available to answer questions.

WEDNESDAY

Trauma Informed Communities

2:15 p.m. – 3:45 p.m.

Tuttle

Trauma Informed Care

James Roberson, LMSW, Vice President of Programs and Innovation, KVC Hospitals

Sarah Glavin, PACES

Lisa Garcia-Stewart, Director of Student Services, USD 500 Kansas City Kansas Public Schools

Todd Jordan, President and CEO, United Way of Wyandotte County

Partners throughout Wyandotte County have joined together to address community health outcomes by focusing on Adverse Childhood Experiences. Join us for a conversation focused on finding solutions as community partners and a discussion on our strategy for the future.

2018 Legislative Recap & 2019 Legislative Forecast

4:00 p.m. – 5:00 p.m.

Alcove

Public Policy

Kyle Kessler, MPA, Executive Director, Association of Community Mental Health Centers of Kansas

Representative Susan Concannon, Kansas House of Representatives

Representative Kathy Wolfe Moore, Kansas House of Representatives

Participants will receive information about legislation affecting the mental health system and the current statewide political climate in Kansas. The 2018 legislative session will be reviewed and a forecast of the upcoming 2019 legislative session will be discussed.

Case Study: Trauma Sensitive Schools

4:00 p.m. – 5:00 p.m.

Tuttle

Trauma Informed Care

James Roberson, LMSW, Vice President of Programs and Innovation, KVC Hospitals

Lisa Garcia-Stewart, Director of Student Services, USD 500 Kansas City Kansas Public Schools

Lauren Lueck, Director of Strategic Initiatives, KVC Hospitals

Kansas City, Kansas Public Schools and KVC Hospitals have created an exciting partnership to create a Trauma Sensitive School District for USD 500. With nearly 23,000 students and 4,000 employees, we are empowering teachers, counselors, administrators and all school staff to utilize a preventative approach to trauma when a student exhibits emotional distress.

Tackling Tobacco: Changing Culture is Possible!

4:00 p.m. – 5:00 p.m.

Konza Prairie

Addictions and Co-occurring Disorders

Jamie Katz, MPH, CPP, Prevention Coordinator, Johnson County Mental Health Center

Kaely Burgess, BS, NCTTP, Tobacco Grant Coordinator, Prairie View, Inc.

Tobacco use and mental illness have long been intertwined. Historically, the culture of mental health facilities has supported tobacco use by clients. Learn how collaboration and grassroots efforts can reduce the disparate use of tobacco by people with behavioral health conditions through the adoption of tobacco-free facility/grounds policies and the integration of tobacco treatment into behavioral healthcare. This session will give you resources and tools to position your organization for success and create community change.

The Early Intervention Psychosis in Kansas

4:00 p.m. – 5:00 p.m.

Kings

Clinical Practices

Calvin Shope, LMSW, Early Intervention Team Leader, Valeo Behavioral Health Care

Jennifer Krehbiel, LPC, Early Intervention Team Leader, Wyandot Center

Leah Tucker, T-LMSW, Team Leader, Four County Mental Health

Participants will learn about the Raise model which is early intervention for individuals experiencing first episode psychosis. The program will go into detail about the current programs at CMHCs in Kansas. Medication protocols, resiliency training, family education and support, and supported employment and education will be discussed.

WEDNESDAY



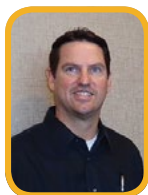
39th Annual Conference for Behavioral Health

Thursday, September 13, 2018

SCHEDULE-AT-A-GLANCE

Time	Session	Location
7:00 a.m. – 5:00 p.m.	Registration	Foyer
7:00 a.m. – 8:00 a.m.	Breakfast Buffet	Foyer
8:00 a.m. – 9:00 a.m.	General Session	Kaw Nation & Big Basin
9:00 a.m. – 9:15 a.m.	Refreshment Break <i>sponsored by Remarkable Health</i>	Foyer
9:15 a.m. – 10:45 a.m.	Breakout Session	Multiple Rooms
10:45 a.m. – 11:00 a.m.	Break	Foyer
11:00 a.m. – 12:30 p.m.	Breakout Session	Multiple Rooms
12:30 p.m. – 1:15 p.m.	Lunch and Networking	Kaw Nation & Big Basin
1:30 p.m. – 3:00 p.m.	Breakout Session	Multiple Rooms
1:00 p.m. – 3:00 p.m.	Mental Health Career Exploration Fair	Restaurant
3:00 p.m. – 3:15 p.m.	Refreshment Break <i>sponsored by Amerigroup</i>	Foyer
3:15 p.m. – 4:15 p.m.	Keynote Speaker: Kevin Hines	Kaw Nation & Big Basin
4:15 p.m. – 5:00 p.m.	Kevin Hines book sales & signing	Foyer

AM GENERAL SESSION



The Opioid Crisis: Emerging Trends and Potential Interventions

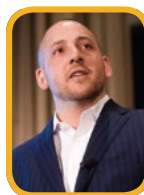
David Willey, MD

Unit Director, Substance Use Disorders Unit,

Cottonwood Springs Behavioral Health Hospital

Dr. Willey will discuss the etiology and contributing factors to the opioid crisis, developing trends, potential interventions and treatment strategies. Participants will develop a better understanding of contributing factors and the etiology of the opioid crisis, learn of potential preventative and treatment strategies being used to address the opioid crisis and become better educated about medication assisted treatment options.

PM GENERAL SESSION



Surviving and Living Mentally Well

Kevin Hines

Thought Leader, Suicide Survivor, Influencer, Storyteller, Filmmaker

In September 2000, Kevin jumped off of the Golden Gate Bridge in an attempt to complete suicide. He is one of 36 people who survived such a jump; fewer than 1% that survive. Since then, he has become a bridge between people who have made similar attempts and their parents, siblings, children, spouses and friends, helping them through their questions and pain. He released a memoir, "Cracked, Not Broken: Surviving and Thriving After A Suicide Attempt" and produced a documentary film, "Suicide: The Ripple Effect." Kevin will share his story of hope and healing.

THURSDAY

AM BREAKOUT SESSIONS**9:15 A.M. – 12:30 P.M.****Conversion Disorder becomes Functional Neurological Disorder: Updates in the Identification and Treatment of Somatic Related Disorders**

9:15 a.m. – 12:30 p.m.

McDowell

Clinical Practices

David Barnum, PhD, Clinical Director, Larned State Hospital

Our understanding of the interplay between mental health and physical health has significantly advanced in the past 20 years. The transition, signaled by the overhaul of the Somatic Disorders chapter in the DSM5, toward a more patient-friendly/patient-centered approach to managing these conditions is clearly evident in the move away from criteria seeming to suggest prevarication on the part of our patients. In this area particularly, a respectful, open-minded practice perspective is becoming the norm as the field better embraces the complexity of this interplay and the impact on disorder development and expression. This workshop attempts to “de-mystify” the Somatic and Somatically-related Disorders from the DSM-5, allowing clinicians with less experience assessing and treating these conditions to more confidently include them in differential diagnoses and initial treatment planning. We will discuss key diagnostic considerations, past and current etiological conceptualizations, and empirically-supported treatments. This workshop is not intended to make an expert out of an attendee; rather, it is designed to increase our awareness of the nature of these conditions to allow attendees to provide helpful, informed care. We will utilize traditional didactic presentations, case presentation, and case discussion with workshop attendees.

Cultural & Clinical Competency in Working with Transgender Culture

9:15 a.m. – 12:30 p.m.

Tuttle

Clinical Practices

Stephanie Mott, LMSW, Psychotherapist, Valeo Behavioral Health Care

This workshop will explore culturally sensitive and informed protocols in clinical work with transgender and gender non-conforming (TGNC). Using case examples, the workshop will identify common obstacles faced by TGNC clients as they navigate family, social, legal and political challenges. Topics will include review of statistical data about TGNC discrimination; use of culturally sensitive language and clinical interventions; and review of the World Professional Association for Transgender Health Standards of Care.

Employee Engagement and High Performance

9:15 a.m. – 12:30 p.m.

Alcove

Board, Leadership and Finance

Tim DeWeese, Director of Mental Health, Johnson County, KS & Kathleen Harnish McKune, Team Tech, LLC

We seek high(er) performance not because we believe Johnson County Mental Health Center is broken, but because we can be better. Johnson County Mental Center is good. We know that, and we are proud of our performance. But we can always be better. We know that employee engagement is critical to high performance, so in this presentation we will discuss a set of beliefs, principles and values that we must apply to create and/or enhance an organizational culture that engages people, promotes leadership and builds a high performance organization.

Implementing Medication Assisted Treatment: Benefits and Challenges

9:15 a.m. – 12:30 p.m.

Kings

Addictions and Co-occurring Disorders

*Stacy Chamberlain, Program Director, BHG**Cindy Claxton, LSCSW, LCAC, Team Leader, Johnson County Mental Health Center**Sara Jackson, LMSW, LMAC, Clinical Director of Assessment and Treatment Services, Heartland Radac**Crystal Matchette, LMSW, LMAC, Clinician, Johnson County Mental Health Center*

The presentation will cover what Medication Assisted Treatment (MAT) is, what each of the three represented programs have done to implement MAT as well as challenges and benefits, resources, outcomes and funding/grants, and a client will speak about their personal success in the program. Participants will learn how to create a successful MAT program and gain tools they may utilize.



39th Annual Conference for Behavioral Health

The Columbia -Suicide Severity Rating Scale: Saving Lives, Reducing Workloads and Reducing Liability

9:15 a.m. – 10:45 a.m.

Flint Hills

Suicide Prevention

Adam Lesser, LCSW, Deputy Director of the Columbia Lighthouse Project at the New York State Psychiatric Institute

The C-SSRS (www.cssrs.columbia.edu) is now widely recognized as a gold-standard, innovative suicide risk screening tool. Due to its demonstrated ability to identify high risk individuals and guidance for next steps it positively impacts service utilization through decreasing unnecessary interventions, redirecting scarce resources, and expediting care delivery to those at highest risk. Because this screen can be delivered by all gatekeepers, numerous states and countries have moved towards system-wide implementation enabling blanket coverage and linking of systems (e.g., schools, first responders, corrections, hospitals/behavioral health, crisis assessment), fostering prevention. This workshop will review the C-SSRS and its administration, covering its items predictive of increased risk. Participants will learn about how to administer the full and screening versions of the tool, how to customize the tool and how to interpret results, streamlining triage and care delivery. Population-specific editions will be reviewed (pediatric, military, etc.). System-wide implementation across multiple settings will be discussed.

Trauma in Everyday Life: How Do You Deal

9:15 a.m. – 10:45 a.m.

Konza Prairie

Trauma Informed Care

Ryne Edwards, BA, Stay F.R.E.S.H: Freely Releasing Every Strong Hold

This presentation will bring light to the issues of everyday trauma whether they are large or small. Part of the discussion will revolve around real interviews with divorced couples, health care professionals, college students, survivors of domestic violence, military veterans, and everyday working professionals. This session will also present information on the perceptions of everyday trauma, how trauma affects psychological and physical aspects of a person, and how a person copes with trauma while maintaining a healthy life. Attendees will gain knowledge from this session around the following three objectives:

Online Marketing Success: Best practices in web and social media marketing

11:00 a.m. – 12:30 p.m.

Konza Prairie

Board, Leadership & Finance

Monica Simpson, MLS, Public Relations Specialist, Labette County Mental Health Center

This presentation will consist of an overview of what marketing practices are valuable and relevant in 2018, where marketing dollars are best spent in social networking spectrums and how best to utilize the options available.

PM BREAKOUT SESSIONS

1:30 P.M. – 3:00 P.M.

2018 SAMHSA Update: Recovery and Peer Support

1:30 p.m. – 3:00 p.m.

Alcove

Addictions and Co-occurring Disorders

Kim Nelson

Come have a dialog with your SAMHSA Regional Administrator and talk about the latest topics in behavioral health! Participants will learn about the latest news from SAMHSA - 2018 Updates; funding, grants, activities in the region. SAMHSA's current priorities around recovery and peer support services and a unique area of focus for peer mentors in Kansas will be discussed.

THURSDAY

September 12-14, 2018 • Manhattan, Kansas

Accounting Update for Non-Profit Organizations

1:30 p.m. – 3:00 p.m.

Konza Prairie

Board, Leadership, Finance

Stacy Smith, Shareholder, Mize Houser

Overview of accounting and reporting changes on the horizon for non-profit organizations. Participants will gain a further understanding of new reporting requirements for non-profit audit reports, accounting for leases and recognizing grant and contract revenue.

Motivational Interviewing Skills

1:30 p.m. – 3:00 p.m.

Kings

Addictions and Co-occurring Disorders

Amalia Bullard, PhD, Director of Clinical Services, Cottonwood Springs Behavioral Health Hospital

This breakout session focuses on an overview of Motivational Interviewing with an aim reviewing the core skills utilized throughout all four process of MI. The session will take a view of the underlying spirit of MI, guiding principles, and core processes. Skills addressed will include: Building patient motivation, focusing on change talk, building patient confidence, exchanging information, and eliciting commitment.

Movie: Suicide: The Ripple Effect

1:30 p.m. – 3:00 p.m.

Flint Hills

Suicide Prevention

The film highlights the journey of Kevin Hines, who at age 19, attempted to take his life by jumping from the Golden Gate Bridge. Today, Kevin is a world-renowned mental health advocate, motivational speaker and author who travels the globe spreading a message of hope, recovery and wellness. The film chronicles Kevin's personal journey and the ripple effect it has on those who have been impacted by his suicide attempt and his life's work since. In addition, the film highlights the stories of individuals and families who are utilizing their personal tragedy to bring hope and healing to others.

Rural Mental Health

1:30 p.m. – 3:00 p.m.

McDowell

Clinical Practices

*David Provorse, PhD, Licensed Psychologist**Lauren Anderson, MA**Ryan Smalley, MA, LMLP*

This session will focus on Rural Mental Health in two parts. During part one, "Attitudes Toward Mental Health Treatment in Rural Settings", participants will gain an understanding of historical trends in how rural residents have viewed mental health treatment, explore societal events that have influenced changes in rural attitudes toward MH treatment, compare and contrast urban and rural models for providing mental health treatment, and identify factors that can promote more positive views of mental health treatment in rural settings. During part two, "Influencing Perceptions of Mental Health Providers in Rural Settings", participants will be able to describe the distribution of mental health providers in urban and rural settings, identify factors that detract from the recruitment of mental health providers to rural settings, explore the influence of residing within the rural community versus living outside and "commuting in" on perceptions of MH treatment providers, explore the influence of being an active participant and contributor versus maintaining a "distant" or "detached" connection from the rural community and discuss ethical implications of committing to practice in a rural setting.

The Science of Resilience

1:30 p.m. – 3:00 p.m.

Tuttle

Trauma Informed Care

James Roberson, LMSW, VP, KVC Hospitals

Many people use the term resilience, but what does science say? Come learn what it means to build resilience, how to develop strategies using science to build resilience and what innovations are currently being used and developed.



39th Annual Conference for Behavioral Health

Friday, September 14, 2018

SCHEDULE-AT-A-GLANCE

Time	Session	Location
7:30 a.m. – 12:00 p.m.	Registration	Foyer
8:00 a.m. – 8:45 a.m.	Continental Breakfast	Foyer
8:45 a.m. – 12:00 p.m.	Breakout Sessions	Multiple Rooms

AM BREAKOUT SESSIONS

8:45 A.M. – 12:00 P.M.

Teaching Ethics: Tools and Strategies for Integrating Ethical Reasoning Every Day

8:45 a.m. – 12:00 p.m.

McDowell

Clinical Practices

David Barnum, PhD, Clinical Director, Larned State Hospital

Public mental health represents an increasingly complex puzzle for individual providers and organizations. The challenge becomes how to provide state of the art mental health treatment in a resource restricted environment to individuals affected by severe mental health conditions in an ethically responsible manner. In this workshop, participants develop an enhanced understanding of the issues related to core professional ethical principles, outline strategies for integrating these principles into everyday aspects of daily practice, and translate these principles to every element of a multidisciplinary behavioral health organization. The central goal of this process is the genuine ability of each member of such an organization to create the workplace in which he or she wishes to work, preserving the effort to provide excellent care a self-motivating activity. The goal, simply stated is daily ethical practice becomes routine best care. This workshop utilizes didactic and interactive teaching methods to integrate ethics with effective practices for adult education.

Overview of CFR Part 2: Confidentiality of Substance Use Disorder Patient Records

9:00 a.m. – 10:00 a.m.

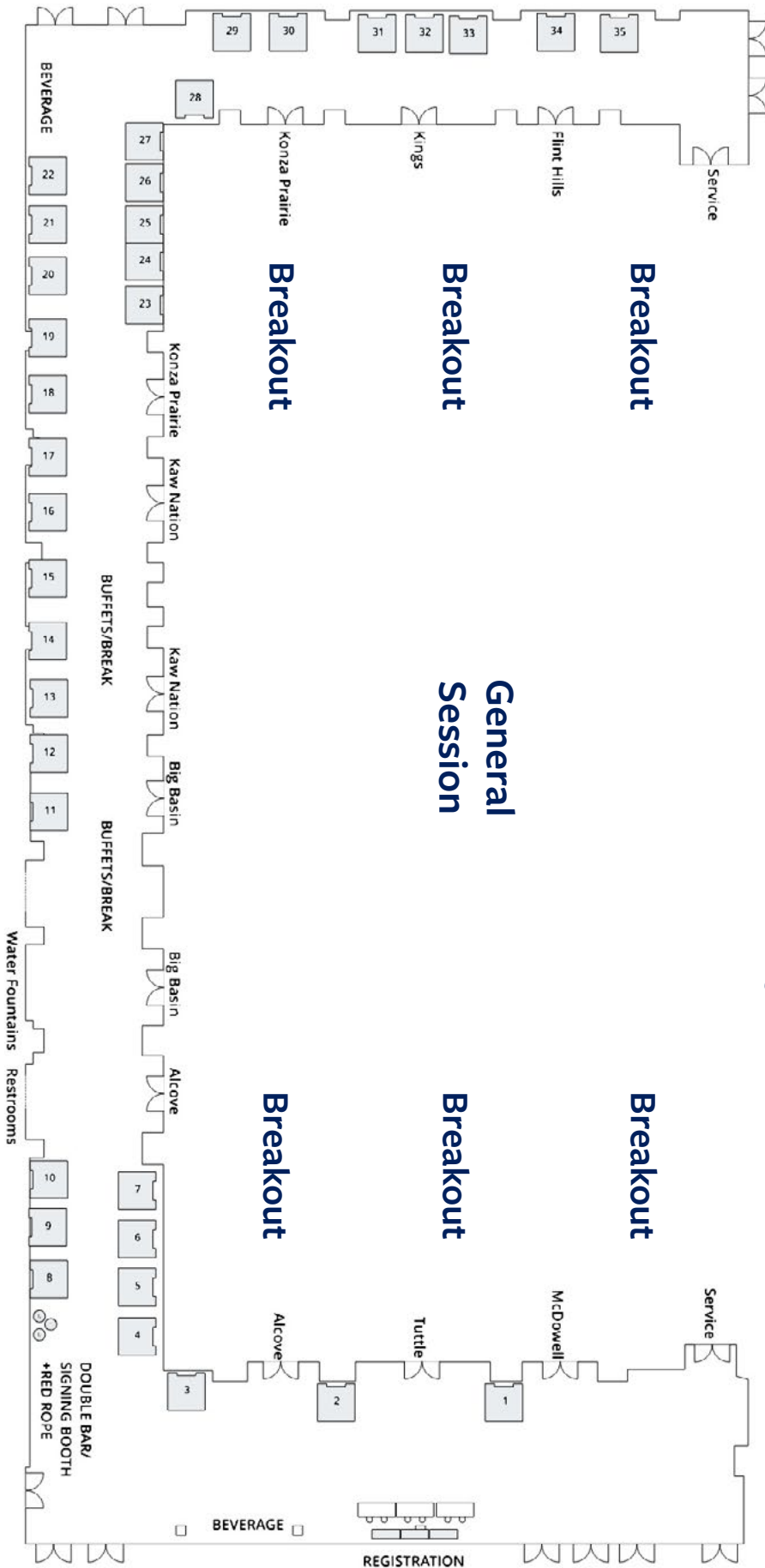
Alcove

Addictions and Co-occurring Disorders

Mitchell Berger, MPH, Office of Policy, Planning and Innovation, Substance Abuse and Mental Health Services Administration (SAMHSA)

Participants will be provided the background on the confidentiality of substance use disorder patient records regulation (42 CFR part 2) and governing statute. Presenters will explain 42 CFR part 2 applicability, consent requirements and disclosures with and without patient consent. Participants will learn SAMHSA's priorities and recent actions with respect to part 2 and have the opportunity to ask questions.

Exhibitor Map & List



Manhattan Grand Ballroom Foyer

Booth	Exhibitors
1	Innovatel
2	Aetna
3	Conrade Insurance Group
4	HealthSource
5	KVC Hospitals
6	Netsmart
7	Amerigroup
8	Relias
9	Relias
10	Valant
11	Sunflower
12	Mid America Addictions Technology and Transfer Center
13	Regroup
14	Remarkable Health
15	Genoa
16	UnitedHealthcare
17	Neurocrine Biosciences
18	Wichita Comprehensive Treatment Center
19	Streamline Healthcare Solutions
20	Cottonwood Springs
21	High Plains Mental Health Center
22	KU Health Systems
23	New Directions
24	Valeo Behavioral Health Care
25	Credible
26	Johnson and Johnson
27	Stormont Vail Health
28	WSU Community Engagement Institute
29	Great Plains Quality Innovation Network
30	Ottawa University
31	Electromedical Products International
32	Genesight
33	Kansas Association of Addiction Professionals
34	Kansas Agriculture Mediation Services
35	NAMI Kansas

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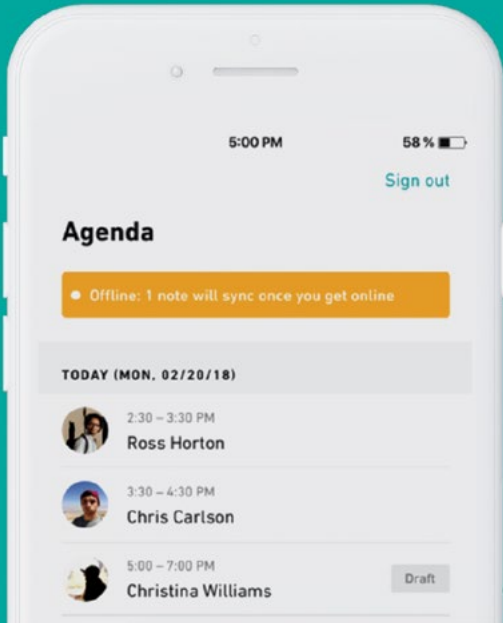
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